



Sample Garden Plan

To Feed a Family of Four on Less than 1/50th of an Acre with 6 oz of seeds (4 18" Beds or Boxes 30-ft Long)

Early Spring Garden

Beds	Crop Variety	Number Plants	Yield lbs.	R/T*
1/4	Herbs (move)	60	5	
1/4	Spinach	30	10	
1/4	Beets	44	15	10
1/8	Turnips	60	30	10
1/4	Kale	30	20	
1/8	Chard	16	16	
1/8	Radish	180	18	
1/8	Lettuce Red	16	30	
1/8	Lettuce Romaine	20	30	
1/8	Cauliflower	7	15	15
1/4	Carrots	300	15	10
1/8	Celery	12	10	
1/8	Parsnip	60	5	
3/4	Potato	68		
1/4	Onion	150		5
1/8	Garlic	65	-	
1/8	Cabbage	10	20	5
1/8	Broccoli	6	4	5
4	Totals:	1104	233	60

Late Spring/Summer Garden

Beds	Crop Variety	Number Plants	Yield lbs.	R/T*
1/8	Squash,summer	3	20	
1/4	Tomatoes (Ind.)	11	100	
1/4	Cucumbers, pole	10	30	
1/4	Kale		30	
1/8	Chard		16	
1/4	Peppers -sweet	15	10	
1/4	Beans - Pole	44	20	
1/4	Beets	44	10	10
1/8	Turnips	60	30	10
1/4	Carrots		30	5
1/8	Celery		25	
1/8	Parsnip		20	
3/4	Potato		120	
1/4	Onion		75	10
1/8	Garlic		10	
1/8	Cabbage	10	20	5
1/8	Broccoli	6	4	5
1/4	Squash, vining	10		
4	Totals:	213	570	45

Late Summer/Fall Garden

Beds	Crop Variety	Number Plants	Yield lbs.	R/T*
1/8	Squash,summer		20	
1/4	Tomatoes (Ind.)		100	
1/4	Cucumbers, pole		20	
1/4	Kale		30	
1/8	Chard		16	
1/4	Peppers -sweet		10	
1/4	Beans - Pole		20	
1/4	Beets		10	10
1/8	Turnips	60	30	10
1/4	Carrots	300	45	10
1/8	Celery		25	
1/8	Parsnip		20	
3/4	Potato	68	120	
1/4	Onion	90	75	10
1/8	Lettuce - Romaine	20	20	
1/8	Cabbage	10	20	5
1/8	Broccoli	6	4	5
1/4	Squash, vining		60	
4	Totals:	614	645	50

Total Production on .02 acre (less than 1/50th) = 1603 pounds of 23 different vegetables. Enough to eat, trade and preserve for a year.

* R/T (Roots or tops) - 155 pounds from eating the secondary edible parts of plants.

